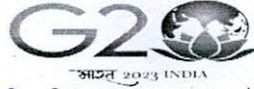




सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग  
University Grants Commission  
शिक्षा मंत्रालय, भारत सरकार  
(Ministry of Education, Govt. of India)  
बहादुरशाह जफर मार्ग नई दिल्ली 110002-  
Bahadurshah Zafar Marg, New Delhi-110002  
Phone : 011-23604140



ज्ञान-विज्ञान विमुक्तये

09 AUG 2023

August, 2023

F.72-9/2023(CU)

The Registrar  
All Central Universities

**Subject - Implementation of UGC Guidelines for Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well-Being**

Sir / Madam,

I would like to share with you that Hon'ble Allahabad High Court has issued directions to put in place necessary statutory regime, course contents, infrastructure facilities and other requirements to effectuate a reformative approach to the problems of aberrational and deviant students' behaviour.

UGC in compliance with the directions of the Hon'ble Court in W.P. No. 22756 of 2020 has issued Guidelines for the Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well-Being at Higher Educational Institutions. The UGC Guidelines are enclosed herewith for your kind reference.

In view of the above, all the Central Universities are requested to ensure implementation of the above-mentioned UGC Guidelines in letter and spirit.

Yours faithfully,

(Dr. (Mrs.) Anju Mohan Galhotra)  
Under Secretary

**Encl:** As above

**Copy to:**

Shri Praveer Saxena  
Under Secretary,  
Ministry of Education  
Department of Higher Education  
Shastri Bhawan, New Delhi

o/c  
K. Laxmi  
09/08/23